



WORLD CLASS MINDSET  
NOTHING IS IMPOSSIBLE!

## Overview

To be a world-class performer, you need to have the right mindset. This means having a growth mindset, being proactive, and always striving for excellence. With the right mindset, you can achieve anything you set your mind to. So, if you want to be a world-class performer, start by thinking like one.

Our World Class Statements:

**'I love who I am'**

**'I am capable for more'**

**'I can overcome anything'**

**'What I don't know, I can learn'**

**'I will be ready for the next challenge and change'**

**'I am cool, caring and connected with myself and in my workplace'**

**'Together, we can do so much more'**




## Learning Objectives

Mindset is critical to success in any field. A fixed mindset believes that ability is static, while a growth mindset understands that ability can be developed. People with a growth mindset are more resilient in the face of setbacks and more likely to take risks, both of which are essential for success.




Whether you're an athlete, musician, student or businessperson, developing a world-class mindset is the key to achieving your goals. Here are seven (7) things you can do to start thinking like a champion:




1. Develop a positive self-image
2. Set high standards for yourself
3. Be resilient in the face of setbacks.
4. Develop a growth mindset.
5. Be open to new experiences and learning opportunities.
6. Practice self-compassion.
7. Think Team, Talk Team

# Course Outline

TIME	ACTIVITY	DETAILS	LEARNING
08:00a.m. -8:30a.m.	<b>Ice Breaking</b> 	Start off with some ice-breaker questions to get to know each other and align ourselves to the objectives	Getting to know each other and warming to the occasion with good spirit and enthusiasm.
8:30a.m. -9:30a.m.	<b>Introduction to Positive Growth Mindset</b> 	A short introduction by the instructor to cultivating a positive growth mindset	Be led by the instructor to learn about the ways to improve our growth mindset and the 7 items needed to become a champion.
9:30a.m.- 10:00a.m	<b>Speech by Manufacturing Manager/Leader</b>	A short speech given by the Manufacturing Manager/Leader in order to set high levels of expectations to participants	Learn about the expectations and goals of the manager/leader and align themselves to the 7 items needed by a champion.
10:00a.m. - 10:15a.m.	<b>Morning Tea Break</b>	Tea Break	
10:15a.m. - 11:15a.m.	<b>Develop a positive self-image – ‘I love who I am’</b> 	<b>Activities</b> <ul style="list-style-type: none"> <li>• <b>Rope Connect</b> – Individuals stand in a circle and work to pass a rope around as quickly as possible.</li> <li>• <b>Colour Cards</b> – Individuals must move to form the targeted aim and achieve the result we wish all for.</li> </ul>	Champions see themselves as winners—they believe in their ability to succeed. If you want to achieve greatness, you need to start by seeing yourself as a champion. When you have a positive self-image, you’re more likely to take risks and go after your dreams.



<p>11:15a.m.- 12:15p.m.</p>	<p><b>Set high standards for yourself – ‘I am capable for more’</b></p> 	<p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• <b>Hot Potato –</b> Individuals must work in teams to solve a problem by finding a better way.</li> <li>• <b>Tallest Structure –</b> Teams to construct a ‘building’ using only straws and limited materials</li> </ul>	<p>Champions have high standards—they expect nothing less than the best from themselves. In today's world, it takes more than just hard work to be successful. It takes a world class mindset. A world class mindset is the belief that you can be the best at what you do.</p>
<p>12:15p.m.- -1:15p.m.</p>	<p><b>Lunchtime</b></p>	<p><b>Lunch at Hotel</b></p>	
<p>1:15p.m.- 2:00p.m.</p>	<p><b>Be resilient in the face of setbacks – ‘I can overcome anything’</b></p> 	<p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• <b>1 Pillar Bridge –</b> Teams find a way to build the longest bridge balancing on only one pillar</li> </ul>	<p>In the face of setbacks, it is important to be resilient. This means that you should not give up or get discouraged. You should persevere and keep going. Setbacks are a part of life, and they will happen to everyone. The key is to not let them get you down. When you encounter a setback, try to see it as a learning experience. This way, you can grow from it and become stronger.</p>
<p>2:00p.m.- 3:00p.m.</p>	<p><b>Develop a growth mindset – ‘What I don’t know, I can learn’</b></p> 	<p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• <b>Making Changes –</b> Individuals are challenged to find ways to make personal changes on themselves</li> <li>• <b>Paper Building –</b> Teams work to find a solution to balance a heavy item on three sheets of paper</li> </ul>	<p>According to Dr. Dweck, a growth mindset is developed when we view our abilities and talents as things that can be improved upon with time and effort. This type of mindset leads to a love of learning and a willingness to take on challenges. People with a growth mindset see failure as an opportunity to grow and learn, rather than as a personal failing.</p>
<p>3:00p.m.- 3:15p.m.</p>	<p><b>Afternoon Tea Break</b></p>	<p>Tea Break</p>	

<p>3:15p.m. – 4:00p.m.</p>	<p><b>Be open to new experiences and learning opportunities – ‘I will be ready for the next challenge and change’</b></p> 	<p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• <b>Crossing Barriers –</b> Teams work together to find new paths to move forward so that they can achieve their target</li> </ul>	<p>When it comes to learning opportunities and new experiences, be open to them. It's okay to be apprehensive at first, but don't let that stop you from trying something new. Embrace new challenges and take on whatever comes your way.</p>
<p>4:00p.m.- 4:30p.m.</p>	<p><b>Practice self-compassion – ‘I am cool, caring and connected with myself and in my workplace’</b></p> 	<p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• <b>Chit-Chat –</b> Individuals take turns to share a little based on 3-4 questions given by the facilitator</li> </ul>	<p>When it comes to developing a world-class mindset, self-compassion is a key ingredient. Self-compassion involves treating yourself with the same kindness, care, and understanding that you would show to others. It means recognizing that we all make mistakes, and that failure is part of the human experience.</p>
<p>4:30p.m.- 4:50p.m.</p>	<p><b>Think Team, Talk Team – ‘Together, we can do so much more’</b></p> 	<p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• <b>Customer Focus –</b> Teams need to ‘deliver’ what the customer wants by understanding from the point of view of the customer</li> <li>• <b>International Silat –</b> Teams now work to showcase their strength as one team. However, they also will need to showcase their ultimate strength as one united group by everyone synchronising and moving in harmony.</li> </ul>	<p>When it comes to success in any field, team mentality is key. whether it's in business, sports, or any other walk of life, teamwork is what separates the best from the rest. For businesses, a team mindset can mean the difference between success and failure. When everyone is working together towards a common goal, there's nothing that can stop them.</p>
<p>4:50p.m.- 5:00p.m.</p>	<p><b>Sharing &amp; Feedback</b></p>	<p>Participants get a chance to present their thoughts, ideas or plans for personal and team improvement.</p>	

## Trainer Profile



Vernon C Fernandez is a training specialist with over 24 years of working experience in the industry. He has conducted courses in the areas of personal and team leadership, supervisory skills, selling skills, train-the-trainer, team building, relationship building, customer service, critical thinking, strategic and innovative thinking, problem solving and decision making, conflict management, communication, and business English.

Early in his career, Vernon spent 18 years managing human resources and the training function at various international organizations. He has wide exposure, with his qualifications ranging from the disciplines of data processing and computer programming, to hotel catering and hospitality management. He also holds a series of professional qualifications including those in the field of interaction management, impact system coaching, training skill, NLP master practice, and master time line therapy practice.

Today, Vernon is fully engaged in corporate training. He is also extensively involved in the design, development and delivery of modules in the subjects of continuous learning, attitude and behavior, and performance excellence. He strives to be an inspiration to anyone who wishes to champion initiatives beyond the scope of one's job, and to instill strong values and ethics within their organization. He lives by the motto, 'Be the Miracle'.

### Subject-matter expert

- Master Team Builder • Leadership Development • Supervisory Skills • Customer Service Skills & Mindsets • Communication Strategies

### Vernon's facilitation style

3E Experiential-Engaging-Enterprising

*Experiential* – bringing you near life realities into the classroom to observe, reflect and comprehend

*Engaging* – he makes learning fun through his candid, vivid and compelling stories

*Enterprising* – participants will know the quality connections between life and work



## About Elite Indigo

Elite Indigo Consulting provides corporate training to the semiconductor and manufacturing industries. With a humble beginning of one founding member with passion and desire to share his 20 years of experiences in Smart Manufacturing for global manufacturing facilities, now, we have a strong and competent team of 20 members, all aligned with company mission, vision and core values.

## Our Mission

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*"Transform Data into Insights - Leap Forward"*

## Our Vision

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*Be a Global Trusted Advisor in the Areas of Skills Development, Consultancy & Software Solutions specialising in Semiconductor & Manufacturing industries.*

## Our Core Values

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### TRUST

"A culture of self, team and clients trust"

### PASSION

"Do what we love and love what we do"

### EXCELLENCE

"If it's worth doing, it's worth doing it well"

