

Upskill your Presentation & Speaking Skills with our workshop Today

Walk away with a new perspective on speaking and impress your team right away in the organization!







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# **Speak Up For Progress**

### Program Overview

What is it?

Here we explore what speaking up for progress is. We look at the whole picture.

How it works?

Here we explore the skills required to develop successful speaking up for progress.

How to use it?

Here we apply the skills of speaking up for progress.

## **Learning Objectives**

By the end of the course, participants will be able to:

- Identify the benefits of Speaking Up for Progress

 Speaking Up By Planning skills Apply the
Speaking Up By Articulating skills
Apply the Speaking Up By Staying Cool, Calm & Collected
Training Methodology
Interactive group discussions, lectures, exerciseal-world experiences Interactive group discussions, lectures, exercises, case studies and sharing of

## Who Should Attend

Middle- to senior-level executives from all divisions

- Duration One (1) Full-Day Workshop;
- **Preacquisition None**





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### Course Outline

### DAY 1

- Module 1: Speaking Up Progress
- Formula for speaking Up
- Consequences of not speaking Up
- When is it better to remain quiet?
- Examples of Workplace Situations When People Remain Quiet
- Why Do Some Choose To Remain Quiet?
- Module 2: Benefits of Speaking Up
- Silence Is Deemed As Approval
- People Are Not Mind Readers
- It Promotes Awareness
- It Will Inspire Others
- You May Not Be Alone
- It Will Relieve You Of Stress
- Module 3: Assessment of Self
- Speaking Up against Workplace Culture Concerns
- If you had a critical situation that requires you to speak up, what would that situation be?
- What change do you wish for?
- Module 4: How it Works
- What great speakers do?
- Secrets of the best
- Enhancing Self-Esteem Skills
- C.R.A.V.E Formula

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Develop essential interpersonal skills to excel in any professional setting.



#### LEADERSHIP SKILL

Unleash your leadership potential with our Leadership Skills course



#### **TEAMBUILDING**

Understand the dynamics of teamwork, communication, and synergy



