



GROWTH MINDSET

TRAINING PROGRAM

BY ELITE INDIGO

Enhance your team's effectiveness and master the art of fostering a positive, inclusive workplace culture for outstanding results.

Walk away with practical "quick wins" to enhance your leadership and team collaboration skills immediately.



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100% HRDF Claimable

Growth Mindset

• Program Overview

This program is thoughtfully designed to empower leaders to cultivate a growth-oriented mindset essential for navigating challenges and driving transformative change in their organizations. It emphasizes the importance of self-awareness as the foundation of effective leadership, equipping participants with the tools to recognize their strengths, overcome personal barriers, and adopt a proactive approach to growth.

Through an in-depth exploration of team dynamics, participants will gain insights into the psychological drivers that motivate individuals and teams, enabling them to foster trust, empathy, and collaboration in diverse environments. Additionally, the program delves into the creation of positive, solution-focused work environments where accountability and innovation thrive, ensuring participants are prepared to inspire and lead their teams toward achieving collective goals.

• Course Objectives

By the end of this program, participants will be able to:

- Adopt a growth mindset to lead change effectively.
- Motivate and engage teams with empathy and emotional intelligence.
- Create a culture of accountability and innovation.
- Apply structured thinking and risk management in decision-making.

• Methodology

Group discussion, case studies, activities, and role play.

• Duration

One (1) Full-Days Workshop;



Growth Mindset

• Course Outline & Schedule

Duration	Details
45 Minutes	Introduction by Trainer
	Overview of the program and objectives.
	Learning Outcome: Understand the course structure and set expectations.
30 Minutes	Module 1: Goal Orientation and Vision
	Activity: Sedan Chair
	Learning Outcome: Build teamwork, trust, and commitment to shared goals while simulating alignment.
	Debrief Session: A short debrief (5-10 minutes) will be provided to facilitate learning.
30 Minutes	Module 2: Teamwork in Action
	Activity: Human Ring & Cone
	Learning Outcome: Promote accountability, collaboration, and a strategic mindset within teams.
	Debrief Session: A short debrief (5-10 minutes) will be provided to facilitate learning.
30 Minutes	Module 3: Adaptability and Agility
	Activity: Snatch & Win
	Learning Outcome: Develop adaptability, agility, and attentiveness to foster resilience and teamwork.
	Debrief Session: A short debrief (5-10 minutes) will be provided to facilitate learning.
1 Hour	Lunch Break



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• Course Outline & Schedule

1 Hour 30 Minutes	Module 4: Analytical Thinking and Creativity
	Activity: Nuts & Bolts
	Learning Outcome: Foster analytical thinking, risk management, and ownership for team success.
	Debrief Session: A short debrief (5-10 minutes) will be provided to facilitate learning.
45 Minutes	Module 5: Innovation and Problem-Solving
	Activity: Balloon Furniture
	Learning Outcome: Enhance creativity, collaboration, and problem-solving skills.
	Debrief Session: A short debrief (5-10 minutes) will be provided to facilitate learning.
30 Minutes	Closing Session
	Review and reflection on key takeaways with participant feedback.
	Learning Outcome: Summarize key learnings and reinforce team-building outcomes.



Growth Mindset

• Target Audience

This course is ideal for emerging and experienced leaders who aim to:

- Shift their mindset to embrace challenges as opportunities for growth.
- Inspire and empower their teams to achieve high performance.
- Foster a positive and innovative work culture.

Upon completion, participants will confidently engage in discussions on effective leadership strategies, team dynamics, and fostering a growth mindset, driving improved collaboration and organizational success.



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ABOUT ELITE INDIGO

We are dedicated to empowering businesses to achieve their full potential. With a team of seasoned professionals and a wealth of industry experience, we offer tailored consulting services to help organizations overcome challenges and seize opportunities.

WHY CHOOSE US?

98% Customer Satisfaction
based on Google Reviews



4.9 ★★★★★ 600 Google reviews

All our courses are 100% HRDF
claimable and no PO needed.

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Claimable Courses



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OUR COURSES



ARTIFICIAL INTELLIGENCE (AI)

Dive into the cutting-edge world of AI, exploring algorithms, data analysis and more.



TECHNICAL SKILL

Sharpen your technical prowess from programming, software and more.



SOFT SKILL

Develop essential interpersonal skills to excel in any professional setting.



LEADERSHIP SKILL

Unleash your leadership potential with our Leadership Skills course



TEAMBUILDING

Understand the dynamics of teamwork, communication, and synergy



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