

# FINDING YOUR COLORED BRAIN : ENGINEER YOUR LIFE

BY ELITE INDIGO

***Unlock the power of your colored brain to enhance communication, build trust, and create connections that drive meaningful impact in your life and workplace!***

 [www.eliteindigo.com](http://www.eliteindigo.com)

 [khenghuat.koay@gmail.com](mailto:khenghuat.koay@gmail.com)

100% HRDF Claimable



# Finding Your Colored Brain

## • Program Overview

You are efficient and highly skilled, but stumbled over people management, and building a good professional relationship with co-workers. You find it hard to influence others and communicate effectively.

You are ready to perform but find difficult to actualize your full potential, as though a mismatch in what you have and what you have to give. You find difficult to boost your, or your team members' peak performance.

You aspire to build an A team. But challenges in synergize this diverse, multi-talented team members to build the momentum towards the A team. You spend way too much time managing people issue than the actual work. People is human capital. People skills is the currency to trade, grow and expand this capital.

Colored Brain is the scientific tool explains how we form and operate within our reality, which is the limiter. It uncovers the Genetic - nurtured mental strength in us, unfolds our potential and enhancing our flexibility in communication within team. This bring the team away from the danger zone and moves towards the peak performance team.

## • Course Objectives

By the end of this program, participants will be able to:

- Discover and Recover Potential Neuro-Scientifically:
- Utilize Colored Brain Psychometry Profiling to understand your Genetic Brain Strength and Learned Strength. Take the necessary actions to actualize your BEST SELF.
- Identify Communication Danger Zones:
- Recognize potential communication pitfalls among co-workers, team members, and within the organization. Expand your Circle of Tolerance (COT) and respond intelligently. Shift from the Danger Zone to the Motivation Zone and Cooperation Zone, fostering the greatest Team Synergy and Dynamic.
- Leverage Team Mental Flexibility:
- Understand the mental flexibility of your team. Learn to embrace team strengths and leverage weaknesses effectively. Mobilize the team to achieve their Best Performing Ability, building Peak Performance.



# Finding Your Colored Brain

## • Training Methodology

The session is designed to be self-reflective, interactive, engaged with lesson points, and most importantly, fun-filled! You are entitled to the Colored Brain Communication Inventory (CBCI) Profiling Report and lifetime access to the Profiling Portal for full personal report (optional)

## • Duration

One(1) Full-Day Workshop - 8 hours ;

## • Course Outline

### • Module 1

**World Of Work** -Behaviour vs Outcome  
**Ideal Workplace and Reality Check** -Why?  
**Engi-neer vs People-neer** -The Insanities -  
Circle Of Tolerance -Act Intelligently

### • Module 2

**Brain Processor** -The Hardware **Ambiguity**  
**Relief** -The Brain Gets Clarity **Colored Brain**  
-Strength, Weaknesses & Competency

### • Module 3

**Your Colored Brain** -Colored Brain Profiling & Analysis  
**Mental Strength & Mental Flexibility** -Genetic and  
Nurture Strength **Communication Danger Zone** -Danger  
Zone, Motivation zone, Cooperation zon

### • Module 4

**Building an A Team** -Behaviour and  
Performance **Application** -Color of the  
people, Color of the Environment



# Finding Your Colored Brain

## What participants are saying about this Training Programme?

"Thanks Sunnie for very interactive workshop with good exercises and examples, keep learning easy to understand and fun yet fulfilling the workshop objective."

– Intel Employee

"Very informative training that get us to know ourselves and how to dealt with people in life & workplace."

– Intel Employee

"The trainer is informative and able to go deeper with each of the participants colours pros and cons and ways to work with other's colour behaviour."

– Intel Employee

"Very interesting course and also not as straightforward as I think. The activities challenge me to think as well and understand others brain better."

– Intel Employee

"Awesome content, wished we can have this sort of training to all employees so that all are aware on how to effectively manage people."

– Intel Employee

"Great class that teaches you how to understand yourself and others better and deal with this different types of ppl. Fun activities and great trainer."

– Intel Employee



# Presenting to Influence

## • Trainer Profile



### The Facilitator

### **Sunnie Toh**

Professional Trainer and Leadership Coach  
Certified NLP Expert | Communication Specialist | Leadership Mentor

Sunnie Toh is a dedicated trainer and coach with over five years of experience in leadership development and communication. She specializes in helping individuals and teams unlock their potential through mindset shifts and practical strategies for growth. Sunnie has collaborated with organizations to design impactful programs that inspire confidence, clarity, and connection.

Her mission is to empower individuals to embrace growth, foster meaningful connections, and create lasting positive change. Sunnie lives by the belief that "Purpose fuels progress."

### **Sunnie's Facilitation Style**

3E – Engaging, Empowering, Effective

**Engaging:** Captivating participants with dynamic and interactive sessions that spark curiosity and active participation.

**Empowering:** Equipping individuals with the tools and confidence to take ownership of their personal and professional growth.

**Effective:** Delivering practical strategies and actionable insights that drive measurable outcomes and long-term success.

## Presenting to Influence

### What participants are saying about the Trainer?

"The trainer is really good in engaging to ensure we understand deeply. We need more. 2 days is not enough! We need more from her."

— **Emilia, Intel Employee**

"Sunnie Toh was amazing. I had a great time reflecting on myself and learned a few ways to handle changes and become a better listener. Thank you."

— **Sugu, Intel Employee**

"Sunnie Toh is a very good trainer, who addresses our questions clearly, explanation is clear. Ensure she recalls all the modules we covered on the first day. Thank you Sunnie. Good to know you."

— **Devi, Intel Employee**

"The trainer is able to make the participants engaging and have a great time during each session."

— **Norshaadah , Zebra Employee**

"The trainer, Sunnie, is really knowledgeable in the area and she is very engaging. I really like her training sessions."

— **Jane, Zebra Employee**

"The most fun, interactive, full of passion trainer I have encountered so far. Well done. I feel enlightened after attending this course. Thank you."

— **Angeline, Zebra Employee**

## ABOUT ELITE INDIGO

We are dedicated to empowering businesses to achieve their full potential. With a team of seasoned professionals and a wealth of industry experience, we offer tailored consulting services to help organizations overcome challenges and seize opportunities.

## WHY CHOOSE US?

98% Customer Satisfaction  
based on Google Reviews



4.9 ★★★★★ 600 Google reviews

All our courses are 100% HRDF  
claimable and no PO needed.

## CONTACT US

For More 100% HRDF  
Claimable Courses



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## OUR COURSES



### ARTIFICIAL INTELLIGENCE (AI)

Dive into the cutting-edge world of AI, exploring algorithms, data analysis and more.



### TECHNICAL SKILL

Sharpen your technical prowess from programming, software and more.



### SOFT SKILL

Develop essential interpersonal skills to excel in any professional setting.



### LEADERSHIP SKILL

Unleash your leadership potential with our Leadership Skills course



### TEAMBUILDING

Understand the dynamics of teamwork, communication, and synergy

