



# EXECUTIVE ONE-DAY HIGH IMPACT TEAM PROGRAM

*Escape Adventure*

BY ELITE INDIGO

***Join our teambuilding today!***  
***100% HRDF CLaimable***



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# EXECUTIVE ONE-DAY HIGH IMPACT TEAM PROGRAM

## • Program Overview

Teams are the foundation of successful organizations, whether focused on service, quality, performance, or other goals. This one-day program combines outdoor and indoor activities to enhance teamwork, problem-solving, and communication skills. Designed with safety and learning in mind, the course fosters self-awareness, reflection, and understanding through fun and engaging exercises.

Participants will explore personal power attributes, leadership responsibilities using the S.O.U.N.D Leadership model, and strategies for embracing personality diversity. They will also learn techniques for overcoming obstacles, engaging with team members and customers through the T.A.L.K.S framework, and fostering a collaborative, results-driven environment.

## • Course Objectives

By the end of the programme, participants will be able to:

- Develop leadership and management skills using the S.O.U.N.D Leadership framework.
- Embrace personality and character diversity within the team.
- Enhance problem-solving, active listening, and communication skills.
- Foster creativity, critical thinking, and collaboration for successful teamwork.
- Build resilience and positive attitudes in overcoming challenges.
- Strengthen professional relationships and team camaraderie.
- Apply T.A.L.K.S to achieve positive engagement with people and customers.
- Encourage swift decision-making and efficient implementation of team goals.
- Celebrate team success through support, encouragement, and collaboration.

## • Who Should Attend

Middle- to senior-level executives from all divisions

## • Duration

One(1) Full-Day Workshop;





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## • Course Outline

8:00 a.m.

**Registration**

9:00 a.m.

**Introduction & Team Formation**

9:30 a.m.

**Safety Briefing**

10:00 a.m.

**Adventure Activities**



**Monkey Business**



**Atan's Leap**



**Gecko Tower**



**Flying Lemur**

# EXECUTIVE ONE-DAY HIGH IMPACT TEAM PROGRAM

## • Course Outline

12:00 p.m.

**Lunch**

1:00 p.m.

**Teambuilding Activities**



### **Pain OR Gain**

Team members share a foam stick while the facilitator demonstrates handling stress, encouraging discussions on positivity and emotion management.

#### Learning Outcomes :

*Foster a supportive environment where team members learn to transform negative energy into positive outcomes while developing emotional resilience and professionalism.*



### **Magic Carpet**

Teams work on a carpet, completing tasks that require collaboration and strategic communication.

#### Learning Outcomes :

*Enhance teamwork skills, encouraging members to communicate effectively, strategize together, and understand the importance of timing and collaboration.*



### **Caterpillar Traverse**

With legs tied together, team members strategize to overcome barriers, emphasizing patience and cooperation.

#### Learning Outcomes :

*Build trust and camaraderie among team members by improving coordination, fostering open communication, and embracing a mindset of patience and support.*

3:30 p.m.

**Today's Winning Attitude**

Participants will share their personal insights and experiences related to a winner's mindset based on the activities today and in the workforce. The focus will be on cultivating positivity, resilience, and collaboration.

4:30 p.m.

**Wrap-Up, Survey and Group Photo**



## ABOUT ELITE INDIGO

We are dedicated to empowering businesses to achieve their full potential. With a team of seasoned professionals and a wealth of industry experience, we offer tailored consulting services to help organizations overcome challenges and seize opportunities.

## WHY CHOOSE US?

98% Customer Satisfaction  
based on Google Reviews



4.9 ★★★★★ 600 Google reviews

All our courses are 100% HRDF  
claimable and no PO needed.

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Dive into the cutting-edge world of AI, exploring algorithms, data analysis and more.



### TECHNICAL SKILL

Sharpen your technical prowess from programming, software and more.



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Develop essential interpersonal skills to excel in any professional setting.



### LEADERSHIP SKILL

Unleash your leadership potential with our Leadership Skills course



### TEAMBUILDING

Understand the dynamics of teamwork, communication, and synergy

