



# EXECUTIVE ONE-DAY HIGH IMPACT TEAM PROGRAM



## Overview

Teams are an important building block of successful organizations. Whether the focus is on service, quality, cost, value, speed, efficiency, performance, or other similar goals, teams are the basic unit that supports most organizations.

With teams at the core of corporate strategy, your success as an organization can often depend on how well you and other team members operate together. How are your problem-solving skills? Is the team enthusiastic and motivated to do its best? Do you work well together? This is a one-day program!

This program is divided into outdoor and indoor activities.

All activities are designed with safety in mind but heavy on learning points that foster self-awareness, reflection and understanding...plus loads of humour and fun.

We will be focusing on:

- Personal power attributes
- Leadership and manager evolving responsibilities using S.O.U.N.D Leadership
- Embracing personalities and character diversity
- Desire to develop people at any instance and guiding them through
- Getting over obstacles and challenges successfully everyday
- Engaging with your people and customers using T.A.L.K.S to get positive results




With emphasis on team:

- Flexibility
- Situational Leadership
- Active Listening
- Probing questions and seeking answers
- Keeping targets in focus
- Creativity, Critical-Thinking & 'Smooove' Collaboration
- Attitudes that say, 'Never give up and never say can't!'
- Slick comradeship and professional relationships




Behaviours to achieve:




- Creative expressions, ideas and solutions
- Getting agreements swiftly
- Quickening the process of making the right things happen
- Using T.A.L.K.S for desired results and seeing it to successful completion
- Implementing and practicing S.O.U.N.D Leadership
- Hearing the team celebrating as one, showing of support and giving encouragement

# Course Outline

TIME	SESSION	DESCRIPTION	LEARNING
0900	Introductions & Team Formation	Introduction and get to know session with Program objectives being shared.	Creating the Environment and Building the Picture of Success
0930	Safety Briefing	Get the advice from the experts. How to ensure we keep ourselves and others safe and in line with safety measures.	Know, observe and practice international safety rules and regulations.
1000	Activity 1: Monkey Business 	Learn to climb like a pro and perfect your balancing skills on this challenging rope course. There are three levels for you to try and it's suitable for monkeys of all ages as well as for team building.	Personal Breakthrough 1: <ol style="list-style-type: none"> <li>1. Overcome your fear of heights.</li> <li>2. Enhance your physical motor skills.</li> </ol>
1100	Activity 2: Atan's Leap 	Remember the days of climbing trees and using them as a launch pad to jump into the air? Well, Atan's Leap recreates the opportunity to overcome fear. By following the instructions of the safety staff, we can all build our sense of self-responsibility and take that leap into the unknown.	Personal Breakthrough 2: <ol style="list-style-type: none"> <li>1. Letting go and allow international safety measures and tools to keep you safe.</li> <li>2. When risks are high, we must ensure all precautions have been taken.</li> <li>3. Believe we can.</li> </ol>
1145	Activity 3: Gecko Tower 	Become as sticky footed as a gecko on this climbing tower. You choose your own path to the top. Safe in the knowledge that there is an auto-belay system in case your gecko feet lose their grip!	Personal Breakthrough 3: <ol style="list-style-type: none"> <li>1. Carry yourself upwards using your hand and feet coordination.</li> <li>2. Know your physical ability and arm strength.</li> <li>3. Plan your route.</li> </ol>



<p>1215</p>	<p>Activity 4: Flying Lemur</p> 	<p>Enjoy the thrill of flying, as you zip across a long cable in between trees high above the ground.</p>	<p>Personal Breakthrough 4:</p> <ol style="list-style-type: none"> <li>1. You've gone up, down and now across!</li> <li>2. Allow your weight and gradient to 'fly' you over tree tops.</li> <li>3. Feel the exhilarating rush of adrenalin, the freedom of a bird and your confidence developing.</li> </ol>
<p>1300</p>	<p>Lunch</p>		
<p>1400</p>	<p>Activity 5: Pain or Gain</p> 	<p>In circle, each member will receive a formed stick. Facilitator will lead in a demonstration of a mock stressed and anger moment. How should we handle ourselves in this situation?</p>	<p>Can we find the positivity during such moments? Can we convert negative energy into positive energy?</p> <p>How do we take things professionally instead of personally and being overly sensitive?</p>
<p>1430</p>	<p>Session 1: Team Presentation</p> 	<p>Facilitator will lead the group in a discussion. After which, each team and individuals can share their findings after their morning activities.</p>	<p>It is good to hear and listen to peoples understanding and thoughts. Very often we will get new ideas and direction of approach to solutions. Never judge others until we listen to their thoughts and justification.</p>

<p>1500</p>	<p>Activity 6: Magic Carpet</p> 	<p>Teams are given a carpet or tarpaulin to stand on. Your team must:</p> <ol style="list-style-type: none"> <li>1. Turn it Over</li> <li>2. Turn its Direction</li> <li>3. Move it Forward</li> </ol> <p>You may receive further instructions to challenge your team's capacity for excellence.</p>	<p>Collaborate and work together closely. We must find other methods to achieve success. Sometimes it is based on principles and other times based on creativity. But, no matter what, we must communicate the plan to everyone. Timing is crucial. Who gives the cue?</p>
<p>1530</p>	<p>Break</p>		
<p>1600</p>	<p>Activity 7: Caterpillar Traverse</p> 	<p>With their legs tied together in a straight line, the team has to strategize how they are to move forward and over some barriers. We will also try out 2 other walks that require strategy and coordination.</p>	<p>Important that each member remain patient, calm and cooperative. Communication and action are key. Initial strategies may not work. Sometimes our first judgement may be a barrier to success. Keep an open mind.</p>
<p>1630</p>	<p>Session 2: Today's Winning Attitudes!</p> 	<p>A sharing session of the various experiences, knowledge and insights we have learnt.</p>	<p>How we can put forward and practice what we learnt today.</p>
<p>1700</p>	<p>Evaluation and Feedbacks &amp; End of Program</p>	<p>Final day evaluation and feedbacks for improvement.</p>	
<p>1715</p>	<p>End of an Amazing Day</p>		

## About Elite Indigo

Elite Indigo Consulting provides corporate training to the semiconductor and manufacturing industries. With a humble beginning of one founding member with passion and desire to share his 20 years of experiences in Smart Manufacturing for global manufacturing facilities, now, we have a strong and competent team of 20 members, all aligned with company mission, vision and core values.

## Our Mission

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*"Transform Data into Insights - Leap Forward"*

## Our Vision

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*Be a Global Trusted Advisor in the Areas of Skills Development, Consultancy & Software Solutions specialising in Semiconductor & Manufacturing industries.*

## Our Core Values

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