

# 30 GROWTH MINDSET STRATEGIES

Learn to Master your Mind

## Objectives

We know that skills and talents are built through repetitions, so taking growth oriented lessons on a regular basis is what will ultimately change your mindset. Applying actions will help you. You will learn the skills needed to grow your mindset.

## Skills

- How mindsets are formed
- Learn what a growth mindset is
- Develop self-awareness
- Talk back to it
- Seek out new opportunities
- Reevaluate your mindset
- Accept challenges
- Don't look to others for approval
- Act with authenticity
- Discuss your why
- View failure wisely
- Reward yourself
- Try new learning tactics
- Do some research
- Value the process
- Compete with yourself
- Learn from your mistakes
- Listen to feedback
- Cultivate grit
- Add 'yet' to your vocabulary
- View failure wisely
- Reward yourself
- Try new learning tactics
- Do some research
- Value the process
- Compete with yourself
- Learn from your mistakes
- Listen to feedback
- Cultivate grit
- Add 'yet' to your vocabulary

## Methodology

### Methodology 1

- Online or in-Person Lectures
- Questions & Reflections
- Feedback for Improvements
- 4 Hours

### Methodology 2

- Online or in-Person Lectures
  - Questions & Reflections
  - Discussions & Presentations
  - Role Play and Skill Practice
  - Coaching for Improvement
  - 8 Hours
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## About Elite Indigo

Elite Indigo Consulting provides corporate training to the semiconductor and manufacturing industries. With a humble beginning of one founding member with passion and desire to share his 20 years of experiences in Smart Manufacturing for global manufacturing facilities, now, we have a strong and competent team of 20 members, all aligned with company mission, vision and core values.

## Our Mission

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*"Transform Data into Insights - Leap Forward"*

## Our Vision

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*Be a Global Trusted Advisor in the Areas of Skills Development, Consultancy & Software Solutions specialising in Semiconductor & Manufacturing industries.*

## Our Core Values

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### TRUST

"A culture of self, team and clients trust"

### PASSION

"Do what we love and love what we do"

### EXCELLENCE

"If it's worth doing, it's worth doing it well"

